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|  | OFFICIAL (SENSITIVE) – PERSONAL DATA | TG Form 23 |

**Health Declaration Form**

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| **Surname**      | **Forename(s)**      | **Date of Birth**      | **Gender**      |

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| **This form is required if you currently, or have ever, suffered from any of the conditions listed below:**Allergies, asthma, behavioural problems, blackouts, chest conditions, diabetes, ear or sinus problems, epilepsy, fainting, headaches, heart conditions, muscular/skeletal problems, vision problems, any previous major illness, any previous major injury, any condition not listed above.**A separate TG Form 23 is to be completed for each medical condition to be declared.** |

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| **Condition Declared:**      |

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| **Medication(s)** |
| **Name** | **Dosage & Frequency** | **Storage Requirements** |
|       |       |       |

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| **How are you affected by the condition during normal routine activities:**      |
| **How are you affected by the condition during strenuous activities:**      |

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| **Have you sought advice from a healthcare professional about your condition in relation to this activity?****If Yes, give details of advice given:**       |
| **Additional information / comments regarding the management of your condition:**      |

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| **Declaration**I fully understand that the activities may be strenuous and conducted in environmental conditions such as dust, fumes, extremes of temperature and altitudes that may aggravate my condition. I confirm that I have consulted a healthcare professional if there is any doubt regarding my suitability of the activity or my fitness / ability to take part in the activity.Should there be any change in my condition after signing this declaration, I will inform the office in charge of the activity prior to travelling to the activity.**If travelling overseas:** I understand that I must give full details of any conditions for which I have been treated in the preceding twelve months of any overseas activities. |
| **Cadet below the age of 16:****Name in BLOCK Letters** (parent / guardian):     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:**    **/**    **/**    | **Cadet age 16 or above** (at date of signature):**Name in BLOCK Letters** (cadet if aged 16 when signing):     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:**    **/**    **/**    |